

## **Panthers Soccer School 7v7 Spring Kick-Off Rules**

### **Team Formation:**

Under 7-13      6 Field Players + 1 Goal Keeper

**Official Clock:** Games are 25 minutes in length, running clock

**Substitutions:** Either team may substitute during ANY stoppage of play and unlimited substitutions.

**Slide Tackling:** No slide tackling will be allowed.

### **Restarts:**

- All restarts and kick-ins are indirect
- KICK-INS as opposed to throw-ins.
- Goal kicks, corner kicks and fouls as per normal rules of play.
- Walls are 7 yards distance from the placement of the ball.
- NO PUNTING for all age groups
- No Heading u7, u8, u9, u10, u11
- Heading Permitted u12, u13
- No Hands on pass back

**Offside:** No Offside rule.

**NO OFFICIAL SCORES WILL BE KEPT, THERE WILL BE NO PLAYOFFS**